



## BOOK RECOMMENDATIONS FOR FAMILY LAW LITIGANTS

### Custody & Co-Parenting During & After Divorce or Separation

- A Parent's Guide to Understanding the Effects of Conflict and Divorce by Joan H. McWilliams, Esq.
- BIFF by Bill Eddy, LCSW - *Communication*
- Co-Parenting with a Toxic Ex by Amy J.L. Baker, Ph.D. & Paul R. Fine, LCSW – *Alienation & hostile ex-spouse*
- Co-Parenting after Divorce by Debra K. Carter – *Court Procedure & Conflict Resolution*
- Divorce Poison by Dr. Richard Warshak – *Disparagement and Estrangement*
- Don't Alienate the Kids by Bill Eddy, LCSW - *Alienation*
- Holding Tight/Letting Go: Raising Healthy Kids in Anxious Times by Benjamin D. Garber, Ph.D.
- How to Talk to Your Children about Divorce by Jill Jones-Soderman, MSW & Allison Quattrocchi
- Joint Custody with a Jerk by Julie Ross and Judy Corcoran – *Uncooperative Parent*
- Making Divorce Easier on Your Child by Nicholas Long, Ph.D. and Rex Forehand, Ph.D.
- Nasty Divorce: A Kid's Eye View by Marina Sbrochi - *Alienation & Disparagement*
- Overcoming Parent-Child Contact Problems by Abigail M. Judge & Robin M. Deutsch - *Alienation*
- Overcoming the Co-parenting Trap: Essential Skills when a Child Resists a Parent by John A. Moran, Ph.D., Tyler Sullivan & Matthew Sullivan, Ph.D. - *Alienation*
- Parenting after Divorce by Philip M. Stahl, Ph.D. – *Resolving Conflicts*
- The Truth about Children and Divorce by Robert Emery – *Autonomy for Teenagers*

### Dealing with Difficult People & Mental Illness

- Disarming the Narcissist by Wendy T. Behary, LCSW
- High Conflict People in Legal Disputes by Bill Eddy, LCSW
- It's All Your Fault: Managing People who Blame Others for Everything – Bill Eddy, LCSW – High Conflict
- Stop Walking on Eggshells by Randy Kreger – *Borderline Personality*
- The 5 Types of People who Can Ruin Your Life by Bill Eddy, LCSW – *Narcissists, Sociopaths, High Conflict People*
- The Sociopath Next Door by Martha Stout, Ph.D

### For Kids

- Dinosaurs Divorce by Marc Brown – *Divorce Ages 4 – 8*
- I Have a Question about Divorce: A Book for Children with Autism Spectrum Disorder or Other Special Needs by Arlen Grad Gaines – *Special Needs Ages 5 – 12*
- My Family's Changing by Pat Thomas – *Basic Concepts of Divorce & Marriage Ages 4 - 10*
- Sun Kisses, Moon Hugs by Susan Schaefer Bernardo – *Divorce & Love Ages 3 – 10*
- The Invisible String by Patricia Karst – *Divorce & Separation Ages 4 – 10*
- When Mom and Dad Separate by Marge Heegaard – *Divorce & Feelings Ages 8 - 12*
- When My Life Turned Upside Down by Mary B. Field - *Divorce & Self Esteem Ages 4 – 10*
- When my Parents Forgot How to be Friends by Jennifer Moore-Mallinos – *Divorce Ages 7 - 12*

### Handling Divorce

- Crazy Time: Surviving Divorce and Building a New Life by Abigail Trafford – *Recovery after Divorce*
- Splitting Protecting Yourself while Divorcing by Bill Eddy, LCSW
- The Good Divorce by Constance Ahrons, Ph.D.
- The Wiser Divorce by Angela Hallier
- This is Me Letting You Go by Heidi Priebe – *Moving on after a Difficult Relationship*

### Preparing for Court, Court Procedure, Custody Evaluations, & Mediation

- Custody Evaluation Preparation by Launi J. Sheldon
- Divorce in Arizona: The Legal Process by Marlene Pontrelli
- Getting Past No: Negotiating in Difficult Situations by William Ury - *Mediation*
- Getting to Yes: Negotiating Agreement without Giving In by Roger Fisher – *Mediation*
- The Divorce Trial Manual: From Initial Interview to Closing Argument by Lynne Z. Gold-Bikin – *Self-representation*