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July 28, 2016

Utah Aetna Behavioral Health Network Management
Provider relations
10150 Centennial Pkwy # 450,
Sandy, UT 84070

Dear Aetna Behavioral Health Network Management,

It is with disappointment that I write to end my Network participation with Aetna, after about 25 years. Sadly, I must **terminate my participation as a psychologist provider for Aetna Behavioral Health**, and any related organizations or entities that rent the Aetna provider panel.

My reasons include:

- Aetna was unwilling to match even the meager reimbursement rates of Medicare. Aetna is paying only 77% of the Medicare rate for a psychotherapy hour.
- Medicare itself has lowered its reimbursement rate for psychologists 20% in the last decade, and in doing so has seen 26% of psychologists resign from Medicare participation in the past 5 years.
- Based on FairHealthConsumer.org database of charges for mental health services, Aetna is paying between 49% and 65% of what is being charged in Utah.
- I can't remember the last time Aetna increased the fee for mental health providers, but I'm pretty sure the people who work for Aetna, from the CEO to the mail room clerk get annual salary increases.
- It is unfortunate that Aetna prefers to underpay the people who actually provide healthcare services, in favor of corporate profits. I can no longer collude with the exploitation.

I want to state clearly that I will not be completing the Aetna recredentialing, that I hereby resign as a psychologist provider from your organization, and require written confirmation from you that you understand this, have so noted at all levels your organization requires, and that you will cease immediately referring patients covered by your organization directly to me unless reimbursement is guaranteed at my usual fee.

Sincerely,

Chris Wehl, Ph.D.